## SAINT NATHANIEL'S ACADEMY PSHE CURRICULUM MAP

Summer	Spring	Autumn
What will change as we become more independent? How do friendships change as we grow?	How can the media influence people?	How can we keep healthy as we grow?
Autumn	Spring	Summer
What makes up a person's identity? What decisions can people make with money?	How can we help in an accident or emergency? How can friends communicate safely?	How can drugs common to everyday life affect health? What jobs would we like?
Summer	Spring	Autumn
How can our choices make a difference to others and the environment? How can we manage risk in different places?	How can we manage our feelings? How will we grow and change?	What strengths, skills and interests do we have? How do we treat each other with respect?
Autumn	Spring	Summer
How can we be a good friend? What keeps us safe?	What are families like? What makes a community?	Why should we eat well and look after our teeth? Why should we keep active ar sleep well?
Summer	Spring	Autumn
What helps us grow and stay healthy? How do we recognize our feelings?	What jobs do people do? What helps us to stay safe?	What makes a good friend? What is bullying?
Autumn	Spring	Summer
What is the same and different about us? Who is special to us?	What helps us stay healthy? What can we do with money?	Who helps to keep us safe? How can we look after each other and the world?